SUNDAY	MONDAY	TUESDAY 1	WEDNESDAY 2	THURSDAY 3	FRIDAY 4	SATURDAY 5
	Share this Random Acts of Civility Calendar	Have fun reading, participate in HCPL Summer Reading https://hcplonline. org/srplanding.php	Celebrate National Running Day by taking a short run with a friend	Let others know you appreciate them with a card or note	Surprise your significant other with a date night	Join an outdoor clean-up group in your neighborhood or town
6	7	8	9	10	11	12
Be kind to yourself — practice positive affirmations	Make a point to smile at everyone you see today	Enjoy Outdoor Story Time with your family, for locations and times go to: https://hcplonline. org/storytimes.php	Manifest your goals by creating a vision board with Sandra Magsamen at 7 pm, register at HCPLonline.org	Create a playlist of uplifting songs to listen to	Grow your own fruits and vegetables	Listen to the songs of birds
13	14	15	16	17	18	19
Be kind to yourself — drink plenty of water	Volunteer or donate to your favorite charity	Participate in Introduction to Meditation and Mindful Mental Health at 7 pm, register at HCPLonline.org	Give positive feedback for a store or restaurant	Learn something new by using free digital resources at HCPL	Be a courteous driver and allow other cars to merge when needed	Take a walk in a local park or trail
21	22	23	24	25	26	27
Be kind to yourself — spend time with friends or family	Send a care package to deployed soldiers	Explore Creative Expression & Mindfulness Practices with Tara DeCapite at 7 pm, register at HCPLonline.org	Bring to mind a favorite memory you feel grateful for	Share positive messages on social media (tag with #ChooseCivilityHarford)	Invite a friend to have coffee	Mow the lawn for an elderly neighbor
27	28	29	30			
Be kind to yourself — enjoy downtime doing nothing	Help build or repair something for someone in need	Express yourself by painting or writing	Recycle, repurpose, or reuse	HARFORD COUN	lity #ChooseCivi	Civility Calendar ilityHarford posecivility