


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>Random Acts of Civility Calendar JULY 2021 #ChooseCivilityHarford HCPLonline.org/choosecivility</p>			Share this Random Acts of Civility Calendar	1 Respect others	2 Smile at everyone you meet	3 Compliment everyone you see
4 Be kind to yourself — make today a self-care day	5 Focus on your posture	6 Pay full attention when speaking with others	7 Keep hydrated by drinking plenty of water	8 Make it an early night and get some extra rest	9 Plan a family movie night at home	10 Enjoy an outdoor concert with The Daniel Bennett Group at 4 pm at Shamrock Park in Bel Air
11 Be kind to yourself — clean your space	12 Create your own vision board	13 Share positive messages on social media (tag with #ChooseCivilityHarford)	14 Listen to your instincts	15 Offer to pick up groceries or medicine for those who can't	16 Look back at old photos and smile	17 Take the time to appreciate the sunrise & sunset
18 Be kind to yourself — try yoga	19 Be accepting of others and their opinions	20 Help us Chalk Our Walks at the Aberdeen Library from 2-3 pm	21 Read a new book	22 Give praise freely	23 Make some positive affirmations	24 Be polite
25 Be kind to yourself — forgive yourself	26 Assume the best	27 Make a gratitude list	28 Enjoy The Fifty 7's: Tunes and Tales outdoor concert at 10 am at the Abingdon Library grounds	29 Say you are sorry	30 Set goals that help you achieve your personal best	31 Try something new