Twinkle Toes

Silly Sally by Audrey Wood
Brontorina by James Howe
Bea At Ballet by Rachel Isadora
How Do You Dance? by Thyra Heder
Dance With Me by Charles R. Smith Jr.
Hop, Hop, Jump! by Lauren Thompson
Hilda Must Be Dancing by Karma Wilson
Who Has Wiggle-Waggle Toes? by Vicky Shiefman
Katy Duck and the Tip-Top Tap Shoes by Alyssa Satin Capucilli

Nursery Rhyme: Here We Go Round the Mulberry Bush

Songs & Fingerplays to Share

CD: “Shake A Leg” by Norman Foote from Exercise Dance Party

Watermelon Song
(tune: Frere Jacques)
Watermelon, watermelon
Papaya, papaya
Banana-na-nana, banana-na-nana
Fruit salad! Fruit salad!

Here We Go Looby Loo
(Join hands and go around in a circle; suit actions to words)
Here we go looby loo,
Here we go looby light,
Here we go looby loo,
All on a Saturday night.
You put your right hand in
You put your right hand out
You give your hand a shake, shake, shake
And turn yourself about.
Repeat with: left hand, right foot, left foot, whole self

We Can Jump, Jump, Jump
We can jump, jump, jump
We can hop, hop, hop.
We can clap, clap, clap.
We can stop, stop, stop.
We can shake our heads for yes.
We can shake our heads for no.
We can bend our knees slowly and sit down just so!

Tommy Thumbs
Tommy thumbs are up, (thumbs up)
Tommy thumbs are down. (thumbs down)
Tommy thumbs are dancing,
(move thumbs up and down)
All around the town.
Dance them on your shoulders,
(tap thumbs on shoulders)
Dance them on your head,
(tap thumbs on head)
Dance them on your knees,
(tap thumbs on knee)
And tuck them into bed.
(tuck thumbs under opposite arms)

Put your two arms up,
And put your two arms down.
Make your two arms do
A dance around the town.
Straighten them in front,
And straighten them in back.
Bend them to the sides,
And now you lay them flat.

Your next visit will be: April ______
Next month’s theme will be: “All A-Flutter”
More Books to Share:

**Jazz Baby** by Lisa Wheeler  
**Salsa Lullaby** by Jen Arena  
**Deer Dancer** by Mary Lyn Ray  
**Dancing Feet!** by Lindsey Craig  
**Glad, Glad Bear!** by Kimberly Gee  
**Giraffes Can’t Dance** by Giles Andreae  
**Hip-Hop Lollipop** by Susan McElroy Montanari

Activity Ideas:

**BODY MIRRORS:** Invite your children to choose partners and stand facing each other. Have one partner be the “mirror partner.” As the other partner follows directions you give for moving different parts of the body, have the “mirror partner” copy the movements exactly. Then let the partners trade places and follow another set of directions that you give.

**Play Back:** Youngsters develop auditory skills with this nifty idea! Give each child a rhythm instrument and select one for yourself. Play your instrument a specific number of times. Then prompt little ones to play their instruments the same number of times. After a few rounds, pick up the tempo for some giggle-inducing fun!

**Ribbon Dancers:** Give each child a length of ribbon (or crepe paper streamer) and have her stand. Then lead youngsters in singing the song several times while they move their ribbons as described.

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Book of the Month:

*The Joy of Movement: Lesson Plans and Large-Motor Activities for Preschoolers* by Mary Lynn Hafner  
PTC 372.86 H

A preschool movement activity book with a therapeutic perspective, *The Joy of Movement* includes quick and easy large-motor movement activities for three- to six-year-olds to maximize their development. The combination of old and new games creates a purpose-driven physical motor curriculum. Each activity has been kid tested. This well-organized and easy-to-use book includes fun, developmentally appropriate activities that foster physical development and build self-esteem. The activities are built around developmental motor milestones and are flexible enough to encourage skill development for a variety of learners.

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Road to Reading Tip:

**Make Music a Part of Your Daily Life:** Play music CDs or audiotapes to inspire your child to listen, move, dance, and sing along. Play them in the car or at home. Encourage your child to feel the rhythm of the music. Dance, clap, and sway to the sounds. Join your toddler while watching quality children’s videos – A Young Children’s Concert with Raffi is great fun.  