Songs and Fingerplays

Dress up Warmly
Source: preschoolexpress.com
The day is cloudy and the wind is bold. Dress up warmly, you mustn't get cold!

Put on your jacket and zip it up tight, Put on your left boot, put on your right.

Put on your scarf and put on your cap, Put on your mittens and clap-clap-clap!

Go outside and play and play. Come in again, and then we’ll say-

Take off your jacket that was zipped up tight, Take off your left boot, take off your right.

Take off your scarf, take off your cap, Take off your mittens, and then take a nap!

This is the Way We Make the Soup
Source: preschoolexpress.com
[tune: The Mulberry Bush]
This is the way we wash our vegetables, Wash our vegetables, wash our vegetables. This is the way we wash our vegetables, When we make our soup!

Continue with:
peel, chop, add, stir, serve, eat

Pea Soup
Source: jeninthelibrary.com
(hold hand up with all five fingers extended)
1 little pea jumped into the pot (fold one finger down)
And waited for the soup to get hot. 2 little peas jumped into the pot (fold one finger down)
And waited for the soup to get hot. 3 little peas jumped into the pot (fold one finger down)
And waited for the soup to get hot. 4 little peas jumped into the pot (fold one finger down)
And waited for the soup to get hot. 5 little peas jumped into the pot (fold one finger down)
And waited for the soup to get hot. Finally the soup got so very hot All the little peas jumped out of the pot. (quickly open hand and extend all fingers.)

Happy New Year!

January may be chilly, but a nice steamy bowl of soup will warm everyone up! Soup Day provides step-by-step instructions, a review of colors and shapes AND a recipe for Snowy Day Vegetable Soup—YUM. Rah, Rah, Radishes! A Vegetable Chant celebrates vibrant veggies in a celebration of these tasty and nutritious treats. And what goes best with soup? Fresh bread, hot from the oven! The Little Red Hen doesn’t get any help from her friends but with hard work, she bakes up a loaf to feed her hungry chicks.

Theme: Souper!

Books to Share

The Little Red Hen by Byron Barton
Every Color Soup by Jorey Hurley
Soup Day by Melissa Iwai
We’re Going to the Farmers’ Market by Stefan Page
Rah, Rah, Radishes! A Vegetable Chant by April Pulley Sayre
Winter Is the Warmest Season by Lauren Stringer

Nursery Rhyme: Pease Porridge Hot

Music: “All Around the Kitchen” from Best of the Land of Nod by Dan Zanes

Looking for more book ideas?
Check these out!

Next month’s theme will be We ❤️ Our Pets
365 Days of Play: Activities for Every Day of the Year  by Megan Hewes Butler PTC 649.51 BUT
It’s time to start your ULTIMATE year of games with 365 Days of Play! This go-to activity book for kids ages 4-8 includes an activity for every day of the year. An encyclopedia of play, it’s everything you need to keep little minds and hands entertained—pages on pages of games, crafts, recipes, experiments, projects, jokes, songs, guides, skills, tricks, hacks, challenges, and everything else in the canon of kid. Follow the step-by-step instructions and illustrations to create a game wherever you are and with whatever you have—swing a pendulum, launch a parachute, shoot a confetti cannon, or throw a boomerang. Tie a square knot or untangle a human knot. Make an egg you can float, bounce, or keep forever.

Try a Fun Activity

Alphabet Soup
Literacy Idea: letter recognition, letter-sound associations

Cook up some fun at circle time! Give each child a disposable bowl and a handful of magnetic letters. Call out one letter at a time. Any child who has that letter may add it to his bowl of "alphabet soup." Whose soup will be done first? Continue until every child has put all his letters in his bowl. Then change the activity by calling out a word and having each student place the correct beginning letter in his bowl. Soup's on! themailbox.com

This is the Way We Make the Bread
Source: perpetualitypreschool.com
[tune: The Mulberry Bush]
This is the way we mix the dough,
Mix the dough, mix the dough.
This is the way we mix the dough,
To make the bread for you!
continue with:
knead, shape, bake

Letter Knowledge Is Child’s Play!
Children learn through all of their senses, so exploration of shapes and letter forms via puzzles, play dough, sensory tables, and body movements all help children build their letter knowledge. Sorting games and matching activities directly involve shape recognition and prepare children to recognize small differences in letters. https://www.ciel.org/

Chop Chop
Chop, chop, chop-chop-chop!
Chop off the bottom and chop off the top.
What we have left goes into the pot.
Chop, chop, chop-chop-chop!

Bubble, Bubble
Bubble bubble said the kettle;
Bubble bubble said the pot.
Bubble bubble bubble bubble.
We are getting hot!
Shall I take you off the fire?
No, you need not trouble.
This is just the way we talk:
Bubble bubble bubble.

Questions or suggestions?
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